



# Technical Manual Modern Pentathlon



## DISCLAIMER

All information in this guide was correct at the time of going to press. Changes to schedules, procedures, facilities, and services, along with any other essential updates, will be communicated to Teams by Competition Management if required. Changes to the Competition Schedule will also appear on the Games-Time Website, while any changes to the Training Schedule will be communicated by the Sports Information Centre in the Athletes Village or Sports Information Desk at the Competition Venue.





## **Welcome**

The 3rd European Games Kraków-Małopolska 2023 will welcome more than 7,000 athletes, 3,000 supporting Team Officials, and about 1,200 Technical Officials from across Europe to participate in elite-level sports competitions.

We aim to provide all participants with optimal conditions so that they are able to perform at their best.

This Technical Manual will help with preparations and Games-time operations as it provides key information including the relevant competition rules and format, medal events, competition schedule, and key dates.

The Technical Manual also includes details of the relevant venue, medical, anti-doping, training, and competition-related services, as well as the key policies and procedures that will be in place during the Games.

We hope that this Manual helps with your planning in the weeks remaining before the European Games 2023. Hard copies of this Technical Manual will be provided upon arrival in Poland. We look forward to welcoming you to European Games Kraków-Małopolska 2023 for 12 days of competition that put sport first and sets a tradition for the European Games.



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# 1. General Information

The Modern Pentathlon Competition at the 3rd European Games 2023 will be held from 25 June to 1 July at the AWF Sports Centre in Kraków. The competition is also the European Championship and Continental qualification by name for the Paris 2024 Olympic Games (8 highest places with a maximum of one quota place per NOC).

## 1.1. Key dates

Date	Event
<b>5 May 2023</b>	Deadline for the Long List Presentation
<b>2 June 2023</b>	Sports Entries Submission Deadline
<b>18 June 2023</b>	Athletes' Village official opening
<b>21 June 2023</b>	EG2023 Opening Ceremony
<b>22 June 2023</b>	Arrival day
<b>23 - 24 June 2023</b>	Official Trainings
<b>24 June 2023</b>	Jumping Test
<b>25 June 2023</b>	Start of the Competition
<b>1 July 2023</b>	End of the Competition
<b>2 July 2023</b>	Departure day EG2023 Closing Ceremony
<b>4 July 2023</b>	Athletes' Village official closing

## 1.2. Competition Management

Position	Name
Modern Pentathlon Competition Manager	Stanisław PYTEL
Modern Pentathlon Venue Manager	Marcin SAMSEL

### 1.3. European Confederation of Modern Pentathlon (ECMP)

<b>Position</b>	<b>Name</b>	<b>NOC Code</b>
President	Tatiana ARDABIEVA	RUS
Vice President	Anna BAJAN	POL
Vice President	Andris FELDMANIS	LAT
Vice President	Kameliya ALEKSANDROVA	BUL
Secretary General	Acting – Anna BAJAN	POL
Technical Delegate	Agnese TOMASSI	BEL
Technical Delegate	Ali ASSEM	EGY
Technical Delegate	Dongkook CHUNG	KOR
Technical Delegate (Riding Steward)	Vladimir MILLER	SVK
Technical Delegate (Competition Steward)	Tamas VARGA	HUN

### 1.4. International Technical Officials (ITOs)

The total number of ITOs is 8.

<b>Position</b>	<b>Name</b>	<b>NOC Code</b>
International Judge (IJ)	Matthieu DIACOMICOLI	FRA
International Judge (IJ)	Awad SAMY	EGY
International Judge (IJ)	Beno LUBOS	SVK
International Judge (IJ)	Edvinas KRUNGOLCAS	LTU
International Judge (IJ)	Haluk AKDERE	TUR
International Judge (IJ)	Dóra BORCSOK	HUN
International Judge (IJ)	Sergio SALAZAR	MEX
International Judge (IJ)	Michele Di BERARDINO	ITA

## 1.5. National Technical Officials (NTOs)

The total number of NTOs is 60.

<b>Position</b>	<b>Name</b>
Pentathlon Director	Sławomir KOPEĆ
Riding Director	Bartosz LORENC
Fencing Director	Edyta MAŁOSZYC
Swimming Director	Roman WOLSKI
Laser Run Director	Daniel DALECKI
1 – 55 National Judges	To be confirmed in May 2023

## 1.6. Medal Events

The Modern Pentathlon competition at the European Games Krakow-Małopolska 2023 will be held from Sunday 25 June to Saturday 01 July at AWF Sports Centre.

The competition will consist of five (5) medal events, summarised below:

<b>Men's Events (2)</b>	<b>Women's Events (2)</b>	<b>Mixed Events (1)</b>
Individual	Individual	Relay
Team	Team	

## 1.7. Competition Format

Modern Pentathlon is made up of a combination of 5 separate disciplines. The performance within each discipline contributes to the athlete's score in the competition; with the highest score placing first.

A total of 216, 108 men and 108 women, may take part in the European Olympic Modern Pentathlon individual competition. Every National Federation (NF) has the right to enter 3 participants. If the total number of entries is less than 108 pentathletes, a 4th pentathlete per nation may be invited to participate, until 108 entries are reached per gender. Only competitors who took part in individual competitions may start in relay competitions. (Up to 18 teams). The place will be assigned to the Relay PWR list dated 16 May 2023.

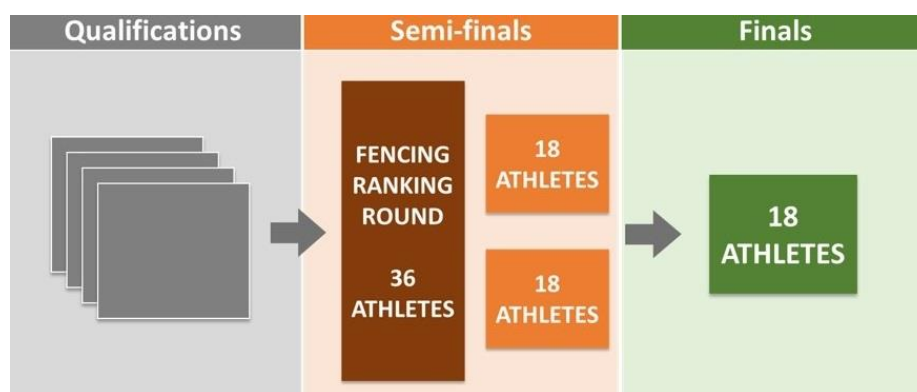
### Individual competitions are held in three phases:

- **Qualifications** (fencing, swimming, laser run)
- Up to 3 groups with a maximum of 36 athletes each, no riding, 36 athletes qualify for Semi-finals
- Fencing – Ranking Round for each group, no Bonus Round.
- The numbers of pentathletes qualify for the Semi-finals:
  - 2 groups - the top 18 from each group
  - 3 groups - the top 12 from each group
- **Semi-finals** (fencing, swimming, laser run) Competition time - about 2 hours
- Fencing Ranking Round for all 36 athletes – the day before
- groups with 18 athletes each, no riding, 18 athletes for the Final
- Order of events: fencing – Bonus Round, swimming, laser run
- the top 9 from each group of Semi-finals



- **Final** (riding, fencing, swimming, laser run) Competition time - about 2 hours
- The results of the Ranking Round in the semi-finals are counted
- 1 group with 18 athletes
- Order of events: riding, fencing – Bonus Round, swimming, laser run

The final day consists of the following Modern Pentathlon events: riding, fencing bonus rounds, swimming, and laser run (running and shooting). Athletes achieve cumulative points in each event according to their performance. In the last event, combined running and shooting, the athletes will start with a handicap time based on the conversion of the total Modern Pentathlon points from the first three (3) events into time (1 point = 1 second). The first athlete to cross the finish line wins the gold medal.



## Competition format by disciplines

### Swimming

- Athletes compete in 200m freestyle.
- Athletes are seeded in heats according to their personal best times (qualifications) or according to their total results after the previous events (semi-finals, final)
- 250 points are awarded for optimum time - 2.30"

- Athletes gain 1 point for every 0.5 seconds they are quicker than this optimum time and lose 1 point for every 0.5 seconds they are slower than this optimum time.

## **Fencing**

Fencing is the only discipline where competitors can directly influence another athlete's score; They use electric epees to secure wins that translate into points

### **Ranking Round**

- Athletes fence every other competitor in the competition.
- Bouts are fenced for one hit and last a maximum of one minute.
- If neither fencer has scored a hit within the time limit, a double defeat will be recorded.
- The target area is the whole body and hits are registered via an electronic tip at the end of the epee.
- Points are awarded based on the number of wins and losses during the competition with 250 modern pentathlon points given for 70% victories.

### **Bonus Round**

- The Start List for the Fencing Bonus Round is based on the results of the Fencing Ranking Round. The points achieved by the pentathletes in the Ranking Round are carried over to the Bonus Round.
- The first bout is the pentathlete ranked last against the pentathlete ranked next to last (i.e. one position above).
- Each bout is for one hit in 30 seconds.
- The winner of the bout remains on the piste.
- In the case of a double defeat, the winner of the bout is the pentathlete placed higher on the start list.
- Each bout-winning pentathlete receives 2 (two) MP bonus points. The top-placed pentathlete of the Bonus Round will receive double bonus points.

## **Riding**

- Athletes ride an unfamiliar horse over a series of 10 show-jumps At Individual
- competitions on a riding course of 350-400m length consisting of 10 obstacles, two combinations of two elements (double) must be included. A minimum of 5 elements must be set at the maximum height – 110 cm.
- The leading athlete after the Ranking Round Fencing draws their horse by lot. On the basis of this draw, the other horses (which have been previously numbered) are allocated to the other competitors.
- The athletes have just 20 minutes in the warm-up arena over five practice jumps before starting their rounds.
- Each athlete starts with 300 points, with points deducted for refusals (10), fences being knocked down (7), and time faults (1 per second).
- If an athlete is eliminated they do not receive any points.

## **Laser - Run**

- The laser run is a combination of two disciplines; running and laser shooting. It is usually the climax of the competition and athletes begin with a handicapped start, based on the results of the previous disciplines.
- The shooting involves laser pistol shooting in 4 series at 10 meters in a range equipped with laser targets. Athletes run 5 x 600m
- Only after getting 5 green lights by hitting the valid zone of the target (using an unlimited number of shots) OR after a time of 50 seconds has elapsed can the competitor begin their next run.
- Thanks to the handicap start, the first athlete to cross the line is the winner of the competition.
- An athlete will earn 500 points for a time of 13 minutes and 20 seconds. Every one second above or below 13 minutes, 20 seconds will be equal to plus or minus one point

## 1.8. Competition Draw

The draw of team numbers for the Ranking Round fencing tournament takes place at the technical meeting

## 1.9. Competition Rules

The Modern Pentathlon competition will be held in accordance with the editions of the following documents that are in force at the time of the EG2023:

THE UIPM MODERN PENTATHLON COMPETITION RULES

(Available at [UIPM Rules and Regulations | Union Internationale de Pentathlon Moderne \(UIPM\) \(uipmworld.org\)](https://www.uipmworld.org/en/rules-and-regulations))

- **Appeals and Protests**

Protests and Appeals will be carried out in accordance with UIPM Rules, which can be found at [UIPM Rules and Regulations- Union Internationale de Pentathlon Moderne \(UIPM\) uipmworld.org](https://www.uipmworld.org/en/rules-and-regulations).

## 1.10. Clothing and equipment

- **Competition Uniforms**

Subject to compliance with applicable IF/EF rules and the decision as to what clothing their athletes should wear for competitions during the Krakow-Małopolska 2023 European Games is left to the discretion of the participating NOCs. No other restrictions exist.

The aim of the above provision is to allow teams to use competition clothing that is already available (e.g., world cup uniforms), both for the sake of sustainability and the cost.

- **Bib numbers**

Bib numbers will be distributed in the transition zone in accordance with UIPM rules.

- **Out of the Competition Clothing**

Subject to compliance with the applicable EOC rules and regulations, NOCs have the sole and exclusive authority to prescribe the out of competition clothing worn by the members of their delegation. Two (2) manufacturer's identifications and one

(1) NOC sponsor logo of no more than 30 cm<sup>2</sup> each can be displayed on each piece of out of competition clothing.

No alcohol or tobacco product producers' logos, no betting companies' logos will be allowed.

No sponsors' logos can be displayed on the uniforms worn by the members of the delegations during Opening and Closing Ceremonies, as well as during Medal Ceremonies.

## 1.11. Late Athlete Replacement Policy (LAR)

Starting on 3 June 2023, 00:00 CEST, the Late Athlete Replacement Policy becomes active and will be strictly enforced. NOCs should note that replacement Athletes should have been included in the accreditation long list by 5 May 2023.

The LAR policy is only applicable to those sports/disciplines in which the quota place has been allocated to the NOC.

Two procedures\* are available for NOCs to replace confirmed Athletes after the Sports Entries deadline:

- Medical or injury-related LAR – to replace an athlete if he/she is injured after 2 June 2023. The deadline for submission of medical or injury-related LAR is two hours before the technical meeting or weight draw as appropriate in the related discipline;
- Non-medical LAR – each NOC is given a quota for the replacement of Athletes for other reasons. The deadline to submit non-medical LAR is 24 hours before the Technical Meeting as appropriate in the related discipline.

<b>NUMBER OF ATHLETES IN NOC DELEGATION</b>	<b>QUOTA FOR NON-MEDICAL LAR</b>
<b>1-10</b>	<b>1</b>
<b>11-20</b>	<b>2</b>
<b>21-50</b>	<b>5</b>
<b>51-100</b>	<b>10</b>
<b>101-150</b>	<b>15</b>
<b>151+</b>	<b>20</b>

\*The LAR form and detailed procedure and approval process will be communicated to all NOCs by 16 May 2023.

## **1.12. Doping Control**

Athletes selected for doping control will be notified in person and escorted to the Doping Control Station by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. The notified Athlete may invite a team representative or team doctor to Doping Control Station along with them.

During doping control, competitors will be instructed by the doping control officer about the procedure and rights and obligations related to the control. All tests should be carried out without advanced notice, the athlete should be the first person to be informed about the selection for doping control. During doping control, athletes should report what medicines they have used in the last 7 days and should submit their comments on the testing process.

Where the Athlete already has a TUE granted by their National Anti-Doping Organization or International Federation for the substance or method in question and provided that such TUE has been reported in accordance with Article 5.5 of the International Standard for Therapeutic Use Exemptions, EOC will automatically recognize it for purposes of the EG2023 without the need to review the relevant clinical information.

In cases of emergency related to the need to use medicine which contains prohibited substances or methods considered as prohibited for medical purposes during the EG2023, please contact the ITA with a request for further instructions. The ITA is the organization that, on behalf of the EOC, is responsible for the review of TUEs during the EG2023

## **1.13. Sports Information**

Sports Information Center (SIC) is located in the Athletes' Village and will provide a variety of services for the NOCs as follows:

- the dissemination of General Sports Information;
- the distribution of start lists, draw lists, and results;
- Training Schedule Information for open and pre-allocated training;

- sign up for bookable Training sessions;
- sport-specific requirements (e.g., forms submitted for several sports in relation to uniform checks or music submission);
- assistance regarding authorised identifications;
- application for Training Access Passes (TAP);
- schedules of shuttle-bus transfer.

The operating hours are as follows:

<b>Period</b>	<b>Operation Hours</b>
Pre-Opening: from 15 to 17 June 2023	06:00 – 22:00
Official Opening Period: from 18 June to 2 July 2023	06:00 – 22:00

The Sports Information Desk (SID) will be available at each Competition Venue while the venue is open and will provide a variety of services for the NOCs as follows:

- the dissemination of General Sports Information;
- the distribution of Start Lists, draw lists, and results;
- Training Schedule information for open and pre-allocated training;
- sign up for bookable Training sessions;
- sport-specific requirements (e.g., forms submitted for several sports in relation to uniform checks or music submission, registration of filming devices);
- Lost and Found (at Competition Venues only).

*Transition Zona (Building 2, Level -1)*

*Information: results after each discipline, start list, current competition schedule*



## **1.14. Competition Schedule**

During the Games, there may be delays, postponements, or cancellations of the Competition. Should this occur, NOCs will be informed of the revised competition schedule through SIC in AVL and SID at the Competition Venue.

Changes will also appear on the Games-time website.

For detailed information, please see Appendix 1.

## **1.15. Weather Information**

At the turn of July and June the highest average temperatures of the year and the most sunlight hours during the day. The city in the south of Poland sees an average daily temperature of 19°C (around 65°F). The highs for the month reach all the way to 25°C (about 77°F) and the lows drop down to 12°C (about 54°F).

There are rainfalls an average of 69 mm over 17 days. Precipitation on a day is 50 percent.

A cloudy day is 33 percent, and a windy day is also 33 percent. There's also a 50/50 fog.

For sports that are directly impacted by weather conditions information will be available at SIC in AVL and SID at the Venue. This will include a forecast for the current day as well as a summary forecast for up to three days in advance. The weather forecast will be regional and will be updated throughout the day as required.





## 2. Competition Venue Information

### 2.1. Key information

#### Venue

**AWF Sport Center:** swimming pool (25 m), riding arena, fencing hall, a stadium with laser shooting range. All facilities within 150 m.

- distance (km) from the Athletes' village: about 10 km/30' by bus
- venue capacity: Swimming pool – 330, Stadium – 1000, Fencing Hall – 400, Parkour – 1000 m

### 2.2. Venue access

During the event, competitors depending on their discipline will be provided with shuttle buses or dedicated cars. The K&MEGOC will provide a regular shuttle service between Athletes' Villages, Main Accreditation Centre, Media and Volunteers Centre, Competition Venues / Training Venues, Official Hotels, airports, and train stations as well. The shuttle service will run every 30-45 minutes and during rush hours every 15-20 minutes. The shuttle service will start operating two days before the first game starts and will end one day after the last game ends at each Sports Venue. On an operating day the shuttle service will start running two hours before the first activities at the Venue (K&MEGOC will provide an individual transfer service for earlier hours if requested) and the last shuttle vehicle will leave 90 minutes after the last game.

K&MEGOC will provide a shuttle service between Kraków and other locations 2-3 times a day, except the route Krakow – Tarnów, where the vehicles will operate more often.

Only athletes taking part in the competition on that day will be entitled to enter sports facilities, competitors' zones (Transition Zone) and will have priority using the shuttle service.

At the technical meeting the day before, the heads of delegation will receive a day pass in accordance with the UIPM rules.

Other accredited coaches and athletes will be able to watch the competition in their designated places in the stands.

## 2.3. Field of Play (FoP)

**Riding area:** Parcours for competition – 45m/45m, two warm-up fields, sand surface

Distance from Transition Zone to FoP : 250 m

**Swimming pool:** 25 indoor pools/ 8 lines

Distance from Transition Zone to FoP : 80 m

**Fencing:** 10 pistes indoor for Ranking Round /1 outdoor for Bonus Round

Distance from Transition Zone to FoP : 100 m

**Laser-Run area:** a stadium with 38 shooting range with precision laser targets (APEOM). Grass and tartan surface.

Distance from Transition Zone to FoP : 80 m

### Transition area

## 2.4. Venue Services and Facilities

- **Athletes' Changing Rooms**

Building nr 2, Ground Floor – 4 changing rooms (capacity 30 people each) and Transition Zone ( level -1) with a box for each delegation


- **Athletes' Refreshment Station**

Located in the Transition Zone

Access to snacks and beverages will be provided to Athletes in the Athletes' Areas of the Competition Venues. Snacks and beverages at the sports venues will be available on both Competition Days and Official Training Days. All snack stations will be designed for self-service, but the catering staff will be responsible for replenishing them.

Snacks will be available at official sports facilities:

on Competition Days 1h before the start of the first game to 30 mins after the end of the last game



on official Training Days: 0.5 hours before the start of the first training up to 30 mins after the end of the last training of the day.

The following refreshments will generally be provided for Athletes and Team Officials at Competition Venues and Athletes' Lounges:

- Still water in 0.5l bottles at room temperature and chilled;
- Hot beverages-coffee and tea;
- Whole fruits -primarily bananas, but also apples, pears, and oranges;
- 100% apple and orange juice;
- Fruit and natural yogurts, also a Vega option;
- Granola bars;
- Isotonic drinks in bottles of 0.5l or 0.75l.

○ **Broadcast Mixed zone and I-Zone**

Located at the passage from the stadium to the Transition Zone

All Competition Venues will include the Mixed Zone split between the Rights Holding TV Channels (Flash Zone), radio reporters, news agencies, press, and Games News Service. There will be also Interview Zone provided for all the non-right TV and radio crews.


○ **Call Room Area**

**Swimming:** Located at the exit from the small swimming pool

**Fencing:** Ranking Round: Located at the entrance to the sports locker rooms

**Fencing:** Bonus Round: Located in a tent in the stadium

At each Competition Venue, there will be an anti-doping control station, which meets the criteria established by ITA and WADA. Doping control stations consist of waiting rooms, processing rooms, and toilets where the samples will be collected. The station's premises should be clean and provide comfort and privacy to the



athletes and doping control personnel. At doping control stations, competitors will have access to sealed drinks in the form of bottled still water.

○ **Doping Control Station**

At each Competition Venue, there will be an anti-doping control station, which meets criteria established by ITA and WADA. Doping control stations consist of waiting rooms, processing rooms and toilets where the samples will be collected. The station's premises should be clean and provide comfort and privacy to the athletes and doping control personnel. At doping control stations, competitors will have access to sealed drinks in the form of bottled still water.

○ **Lost and Found**

All reports of lost items at the Venue should be directed to SID. This is also the location where all found items should be delivered. Items will be kept at the Venue until the end of the competition, at which point they will be transferred to SIC in AVL.

○ **Medical Services and Facilities**

Medical services will be provided at Competition Venues, Training Sites, and Non-Competition Venues.

The following medical services will be provided at the Venue:


- Ambulances with a doctor or paramedic equipped with Advance Life Support Equipment;
- Pedestrian Parts with a Paramedic, Basic Life Support Equipment;
- Medical Aid Points with a doctor or system nurse or paramedic, and Advance Life Support Equipment.

○ **Warm-up Area**

Competitors warm up on the facilities where they start at the competition.

○ **Venue Evacuation and Emergency procedures**

In the unlikely event of a venue evacuation, a public announcement message will be broadcast within the venue that will provide directions. On hearing the evacuation message, athlete groups onsite should follow the



directions of the K&MEGOC workforce and leave the venue via indicated routes, and report to the designated evacuation assembly points. Details on the locations of the assembly points for each venue will be provided.

## 3. Team Leaders Information

### 3.1. Pre-competition Procedures

#### Team Leaders' Technical Meetings

Date	Time	Type	Hill
Saturday, 24 June 2023	19.00-20.00	Women's Qualification	AWF
Sunday, 25 June 2023	19.00-20.00	Men's Qualification Women's Semi-finals	AWF
Monday, 26 June 2023	19.00-20.00	Men's Semi-finals	AWF
Wednesday, 28 June 2023	15:30-16:30	Mixed Relay Women's and Men's Final	AWF

#### Official Draw (Horse)

The best ranked athlete in the Ranking Round draw.

Date	Time	Type	Hill
Thursday, 29 June 2023	11.40	before General Warm-up	AWF (Stadium)
Saturday, 1 July 2023	10:45 13:40	before General Warm-up before General Warm-up	AWF (Stadium)

### 3.2. Competition Procedures

#### NOC Filming Policy

NOC filming is permitted in the Athletes' Stands for the Team Leaders and Athletes who have access to this area. The Team Leaders and Athletes may film the Athlete's performance by using non-professional cameras (including tablets) only. Extra attention should be paid to the height and position of tripods to ensure the viewing of spectators and broadcasting cameras.

The Team Leaders and Athletes are requested to follow instructions from EG2023 Staff and Home Broadcasters when required.

The Teams may also film the training sessions by using non-professional cameras from the Athletes Stands.

## **Warm-up**

In qualifying groups, warm-ups are carried out 30' before each competition in the competition facilities.

In the semi-finals and finals, competitors conduct a pre-competition warm-up 60 minutes before the start. There is no warm-up between disciplines.

## **Call Room procedures**

The Call Room procedure is supervised by two dedicated referees in accordance with the UIPM Rules

## **3.3. Post-Competition Procedures**

### **Doping Control**


Athletes selected for doping control will be notified in person and escorted to the Doping Control Station by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. The notified Athlete may invite a team representative or Team Doctor to the Doping Control Station along with them.

During doping control, competitors will be instructed by the doping control officer about the procedure and rights and obligations related to the control. All tests should be carried out without advanced notice, the Athlete should be the first person to be informed about the selection for doping control. During doping control, athletes should report what medicines they have used in the last 7 days and should submit their comments on the testing process.

### **Broadcast Mixed Zone and Flash-Zone**

All athletes must exit FoP via the Mixed Zone

All venues will include the Mixed Zone split between the Rights Holding TV Channels (Flash Zone), radio reporters, news agencies, press, and Games News Service. There will be also an interview zone provided for all the non-right TV and radio crews. After the competition or Medal Ceremony, all athletes will be guided



through the Mixed Zone as they leave FoP, but they are not obliged to speak. Volunteers will take care of the interview time in each section of the mixed zone. Team coaches who are normally positioned on FoP may also be asked to pass through the Mixed Zone for interview possibilities.

After passing through the Mixed Zone, athletes will be free to return to the Changing Room or go to Medical/Doping procedures unless they are requested for interviews in the interview zone (outside the mixed zone) or press conference.

Journalists wanting to interview someone would make a request to Press operations volunteers who will escort the athlete. By default, all **three medalists** and all Polish athletes will be accompanied by volunteers for interviews. Press attaches, DCOs, and LANS team members will be able to escort athletes into the Mixed Zone if needed. Once in the Mixed Zone, the athlete would be interviewed by the member of the press who requested the interview.

There will be a time limit for the interviews that will be clearly explained by the volunteer before the start of the interview. The volunteer has the right to interrupt the interview if it significantly exceeds the time. There will be no guarantee that it would be exclusive, meaning one (1) or two (2) journalists might want to interview the same athlete.

The Mixed Zone will be managed by Press Operations volunteers to help facilitate introductions or questions and ensure the Interview Zone remains an informal area and that no media 'scrum' is created.


**All medalists** will be asked to attend a short press conference after **the medal ceremony and** pass through the mixed zone. Volunteers or Press Operations representatives will make their way to Venue Media Centre.

### **Result Distribution**

Competition-related information for all sports, including results reports, will be available on the Games-time website [www.european-games.org](http://www.european-games.org)

Delivery of printed results information is available only at Competition Venues and to time-critical services. Selected reports will be available for collection from SID at the Venue and SIC in AVL.





After the completion of all competitions, all results will be compiled in PDF files and will be available for downloading from the [www.european-games.org](http://www.european-games.org)

### **Medal Ceremonies**

All Medal Ceremonies at the 3<sup>rd</sup> European Games 2023 will occur on or next to FoP. Before each Medal Ceremony, all the medalists are gathered in the waiting area accompanied by Volunteers (people responsible for each kind of sport assigned by Competition Managers).

Medal Ceremony Staff will be on hand to advise and guide all Athletes before, during, and after their Medal Ceremony.

As a rule, Medal Ceremony is held right after the sports session is finished.

All announcements for the Medal Ceremony will be made in two languages – English and Polish.


It is not allowed to ascend the podium wearing hats, sunglasses, carrying national flags, or any other symbols or memorabilia apart from the Games' mascots. Signs, mobile phones, cameras, electronic devices, bottles, items of sports equipment, and items with political statements are prohibited on the podium. If any Athlete is in possession of any of these items, the latter is handed to the Medal Ceremonies Manager for the duration of the Ceremony. During the Ceremony, no commercial, political, religious, or racial propaganda or demonstration is permitted. Any action of this kind entails penalties foreseen by the EOC.

No one, but the winners can be awarded medals or allowed to ascend the podium.

If any Athlete is chosen for Doping Control, he/she will be escorted through the Broadcast Mixed Zone by a Doping Control Officer or Doping Control Chaperone and will then be chaperoned to the Doping Control Station.

Athletes will be required to wear their NOC official uniform throughout the Medal Ceremony.

It is the responsibility of each Athlete/Coach to ensure that the Athlete has their full tracksuit with them and that it is ready to be worn at the Venue in time for the start of the Medal Ceremony.



Failure to adhere to this rule may result in the delay or postponement of the Medal Ceremony.

During the Medal Ceremony, in addition to the medals, K&MEGOC plans to present the winning Athletes with official mascots of the 3<sup>rd</sup> European Games Krakow-Małopolska 2023.

Athletes ranked:

- first,
- second,
- and third

respectively (as well as those sharing the places, if it is outlined by the competition rules) take their places behind the podium.

The rewarding the prize-winners goes as follows:

The ceremony begins with the medal(-s) and the mascot(-s) awarded to the Athlete (team) ranked third.

The national anthem of the gold medalist is played, the national flags of the prize-winners will appear electronically on the led display. While the anthem is played over, the medalists remain on the podium **facing the led display with the electronic Flags view.**

Diplomas for the Athletes ranked from 1<sup>st</sup> to 3<sup>rd</sup> will be distributed in the AVL NOC Services Centre.

## 4. Training Information

### 4.1. Key Information

Venue: AWF Sport Centre

Distance from the AVL: about 10 km/30' by bus

### 4.2. Training Information and Regulation

#### Training access

TAPs allow registered members of an NOC delegation, who are considered essential to the athletes' preparation for the European Games, to have access to training venues (and competition venues which are used for training).


-This pass allows access to training venues and competition venues, only on the days when there is no competition taking place at that specific venue.

NOC applies for a TAP through the EGO's Guest Pass system. On arrival guest/visitor presents at the venue an EGIAC and/or official document valid for the TAP process (e.g. passport or official travel document for foreigners, ID or driver's license for nationals, etc.), if not accredited, to establish identity.

TAP can only be requested for sports venues and competition days where the NOC has competitors.

For every twenty (20) athletes (the number shall be rounded up), one (1) TAP will be allocated per day, for example:

- 1-20 athletes 1 TAP per day
- 21-40 athletes 2 TAP per day
- 41-60 athletes 3 TAP per day
- 61-80 athletes 4 TAP per day
- 81-100 athletes 5 TAP per day
- 101-120 athletes 6 TAP per day
- 121-140 athletes 7 TAP per day
- 141-160 athletes 8 TAP per day
- 161-180 athletes 9 TAP per day
- 181-200 athletes 10 TAP per day

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- 201-220 athletes 11 TAP per day
  - 221-240 athletes 12 TAP per day
  - 241-260 athletes 13 TAP per day
  - Etc.

### **4.3. Venue Facilities**

#### **Changing Rooms**

During training, athletes will use changing rooms at facilities: the swimming pool, and fencing hall, and changing room in Transition Zone

#### **Medical Services**

During training, the facility (AWF Sport Center) will have a medical point with a doctor and a nurse

## Appendix 1. Event Competition Schedule

Date	Time	Duration	Event name	Sports Discipline
Sunday, 25 June 2023	Women's Qualification (3 groups)		Competition Day 1	
	9:00-16:00	7:00	Group A/Women	Fencing, Swimming, LaserRun
	9:30-17:00	7:30	Group B/Women	Swimming, Fencing, LaserRun
	11:00-18:00	7:00	Group C/Women	Swimming, Fencing, LaserRun
Monday, 26 June 2023	Men's Qualification (3 groups) Woman's semi-final fencing RR		Competition Day 2	
	9:00-16:00	7:00	Group A/Men	Fencing, Swimming, LaserRun
	9:30-17:00	7:30	Group B/Men	Swimming, Fencing, LaserRun
	11:00-18:00	7:00	Group C/Men	Swimming, Fencing, LaserRun
	<b>16:30-19:00</b>	<b>2:30</b>	<b>Fencing Ranking Round</b>	<b>For Women's semi-final</b>
Tuesday, 27 June 2023	Women's semi-finals Men's semi-finals fencing RR		Competition Day 3	
	10.00-11:30	1:30	Semi-final A/Women	Fencing, Swimming, LaserRun
	13:00-14:30	1:30	Semi-final B/Women	Fencing, Swimming, LaserRun
	<b>16:30-19:00</b>	<b>2:30</b>	<b>Fencing Ranking Round</b>	<b>For Men's semi-final</b>



Wednesday, 28 June 2023				
Men's semi-final		Competition Day 4		
10:00-11:30		1:30	Semi-final A/Men	Fencing, Swimming, LaserRun
13:00-14:30		1:30	Semi-final B/Men	Fencing, Swimming, LaserRun
Thursday, 29 June 2023				
Mixed Relay (18 teams)		Competition Day 5		
9:30-11:30		2:00	Fencing Ranking Round	Mixed Relay
13:00-16:30		3:30	Final	Riding, Swimming, Fencing, LaserRun
16:40-17:00		00:20	Medal Ceremony	Mixed Relay (1)
Friday, 30 June 2023				
Free Day		Competition Day 6		
Saturday, 1 July 2023				
Women's and Men's Finals		Competition Day 7		
12:00-14:05		02:05	Final/Women	Riding, Swimming, Fencing, LaserRun
15:25-17:30		02:05	Final/Men	Riding, Swimming, Fencing, LaserRun
17:45-18:15		00:30	Medal Ceremony	Individual, Team (4)



## Appendix 2. Training Schedule

Date	Swimming Pool	Fencing Hall	Laser-Run	Remarks
23 June 2023	10.00-12.00 16.00-18.00	10.00-12.00 16.00-18.00	10.00-12.00 16.00-18.00	
24 June 2023	10.00-12.00 16.00-18.00	10.00-12.00 16.00-18.00	10.00-12.00 16.00-18.00	
25 June 2023	16.00-18.00		9.00-11.00	
26 June 2023	16.00-18.00		9.00-11.00	
27 June 2023	16.00-18.00		16.00-18.00	
28 June 2023	16.00-18.00		16.00-18.00	
29 June 2023				
30 June 2023	10.00-12.00		10.00-12.00	

## Appendix 3. Venue Maps







KRAKÓW MAŁOPOLSKA  
**EG2023**  
3rd EUROPEAN GAMES

Organising Committee