



**Fencing camp at The International People's College (IPC)
in Elsinore (Helsingør), Denmark
Sunday July 4.th. – Saturday July 10.th. 2010.**

The International People's College (IPC) in cooperation with The Danish Fencing Federation and the local fencing club "Amleth" invites all fencers to a one week course in epee fencing. The course is for all, who want to explore their fencing and become better epee fencers.

The course is led by the Italian fencing coach Giorgio Guerrini, who has high teaching experience in epee fencing. The teaching language will be English.

During daytime, the course will in general be focused on the active performance of fencing through physical, technical and tactical training, bouts, competition and individual lessons.

During the week, an excursion will be made to one of Northern Europe's most important Renaissance castles, the Castle of Kronborg, where one of the most famous fencing duels in the history of literature took place (Hamlet vs. Laertes).

The evening will offer various activities putting our sport in a perspective: Analysis of top fencing performances, the history of fencing, historical fencing, treatment and prevention of sports injuries.

At the college you will be quartered in single – or double rooms. 3 tasty meals will be served per day from a well functioning and multicultural kitchen. On Friday a closing party, with shows, dance and music, will be held together with the participants from other courses at the college

The course is designed for foreign and Danish epee fencers aged 17 or more, from leisure sports level to talent and "sub-elite" level. Therefore, the course is not an introduction to fencing, but a camp aimed at improving skills and knowledge in sports fencing on epee.

The participants are expected to bring with them their own personal fencing equipment.

Do you wish to have an active vacation, and to learn more about your sport together with other fencers in nice, historical surroundings, then sign up.

**The fee for the one week course is 470 Euro.
All inclusive – except travel costs.**

International People's College (IPC).
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Read more about IPC: www.ipc.dk





Application Form
Fencing
 July 4 - July 10, 2010
 Price: 3500 DKK
 International People's College

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 Fax: +45 4921 2128
 Email: ipc@ipc.dk

Tilmeldingskema
Kårdefægtning
 d. 4. juli - 10. juli, 2010
 Pris: kr. 3.500,-
 Den Internationale Højskole

Last name	Efternavn		
First name(s)	Fornavn(e)		
Date of birth	CPR nummer		
Gender	Køn	<input type="checkbox"/> Female/Kvinde	<input type="checkbox"/> Male/Mand
Street Address	Adresse		
Postal Code, Town	Postkode, By		
Country	Land		
Email	Email		
Phone number	Telefon		
Accommodation	Indkvartering	<input type="checkbox"/> Single Room/Enkeltværelse (+300 DKK) <input type="checkbox"/> Double Room/Dobbeltværelse	
Smoker	Ryger	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Vegetarian	Vegetar	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Remarks	Bemærkninger		
Date	Dato		
Signature	Underskrift		